

Session	Title	Content	Discussion Questions/Prompts, if needed	Supplemental Material
0 (Optional)	Introduction	NA	<ol style="list-style-type: none"> <li>1. Explain curriculum and session framework</li> <li>2. Discuss importance of judgement-free environment</li> <li>3. Encourage discussion</li> <li>4. If applicable, assign future sessions for participants to facilitate</li> </ol>	
1	Is Healthcare a right?	<ol style="list-style-type: none"> <li>1. Medicaid, explained why it's worse to be sick in some states than others <a href="https://www.youtube.com/watch?v=sOo_a_w-xgHQ&amp;ab_channel=Vox">https://www.youtube.com/watch?v=sOo_a_w-xgHQ&amp;ab_channel=Vox</a></li> <li>2. Healthcare: is it a right or a luxury? Tarik Sammour   TEDxAdelaide <a href="https://www.youtube.com/watch?v=jCVmYIiOJQs&amp;t=1s&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=jCVmYIiOJQs&amp;t=1s&amp;ab_channel=TEDxTalks</a></li> </ol>	<ol style="list-style-type: none"> <li>1. Should healthcare be a right?</li> <li>2. Can you have a right if it is inaccessible?</li> <li>3. What if healthcare becomes objectively unaffordable?</li> <li>4. Should we have policies regarding quality over quantity of life?</li> <li>5. Do you know someone who has forgone medical treatment due to the cost?</li> </ol>	
2	The Price of Healthcare	<ol style="list-style-type: none"> <li>1. Giving birth costs a lot. Hospitals won't tell you how much <a href="https://www.youtube.com/watch?v=Tct38KwROdw&amp;ab_channel=Vox">https://www.youtube.com/watch?v=Tct38KwROdw&amp;ab_channel=Vox</a></li> <li>2. What if all US health care costs were transparent? Jeanne Pinder <a href="https://www.youtube.com/watch?v=ZjeZ8r7yWOk&amp;ab_channel=TED">https://www.youtube.com/watch?v=ZjeZ8r7yWOk&amp;ab_channel=TED</a></li> </ol>	<ol style="list-style-type: none"> <li>1. How would healthcare change if we knew the cost of everything?</li> <li>2. Would patients jeopardize their own care to save money?</li> <li>3. How much do you know about the cost of healthcare?</li> </ol>	clearhealthcosts.com
3	High-Quality Low-Cost Care	<ol style="list-style-type: none"> <li>1. Bending the cost of healthcare: Jeffrey Brenner at TEDxBigApple <a href="https://www.youtube.com/watch?v=IQloprE9ygU&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=IQloprE9ygU&amp;ab_channel=TEDxTalks</a></li> <li>2. Preventative Care is Good, Even Though It's Not Saving Money <a href="https://www.youtube.com/watch?v=hlagOO3FzY0&amp;ab_channel=HealthcareTriage">https://www.youtube.com/watch?v=hlagOO3FzY0&amp;ab_channel=HealthcareTriage</a></li> </ol>	<ol style="list-style-type: none"> <li>1. Is preventative medicine worth it if it costs more?</li> <li>2. How do we curb spending on medical resources for the "super utilizers"?</li> <li>3. Should we ration care?</li> </ol>	
4	Medical Waste	<p>How drug companies make you buy more medicine than you need <a href="https://www.youtube.com/watch?v=TVTnwSAFNsQ&amp;ab_channel=Vox">https://www.youtube.com/watch?v=TVTnwSAFNsQ&amp;ab_channel=Vox</a></p>	<ol style="list-style-type: none"> <li>1. Are pharmaceutical companies incentivized to create medical waste?</li> <li>2. Who should be responsible for minimizing medical waste?</li> <li>2. Have you seen other places areas where medical materials are wasted?</li> </ol>	
5	Drug Ads	How Americans got stuck with endless drug ads	<ol style="list-style-type: none"> <li>1. Should medical products be allowed to advertise directly to consumers?</li> </ol>	

		<a href="https://www.youtube.com/watch?v=_5jnn1AIt7Q&amp;t=3s&amp;ab_channel=Vox">https://www.youtube.com/watch?v=_5jnn1AIt7Q&amp;t=3s&amp;ab_channel=Vox</a>	<ol style="list-style-type: none"> <li>2. Do ads educate the public and empower them to create informed medical decisions?</li> <li>3. Do you think doctors are persuaded by patient's asking for specific medications?</li> </ol>	
6	Marketing to Doctors	<p>Marketing to Doctors: Last Week Tonight with John Oliver</p> <p><a href="https://www.youtube.com/watch?v=YQZ2UeOTO3I&amp;ab_channel=LastWeekTonight">https://www.youtube.com/watch?v=YQZ2UeOTO3I&amp;ab_channel=LastWeekTonight</a></p>	<ol style="list-style-type: none"> <li>1. What is the role of industry in medicine?</li> <li>2. Should doctors have financial relationships with pharmaceutical companies?</li> <li>3. If they didn't, would it slow down innovation in medicine?</li> </ol>	Openpaymentsdata.cms.gov
7	Physician Transparency	<p>What your doctor won't disclose</p> <p><a href="https://www.youtube.com/watch?v=IVQ3KUTHDe0&amp;ab_channel=TED">https://www.youtube.com/watch?v=IVQ3KUTHDe0&amp;ab_channel=TED</a></p>	<ol style="list-style-type: none"> <li>1. What do you want to know about your doctor?</li> <li>2. Are patients entitled to know their doctors' financial disclosures? Political views?</li> <li>3. What should doctors be forced to disclose?</li> </ol>	
8	Accessibility in Healthcare	<p>What the US health care system assumes about you</p> <p><a href="https://www.youtube.com/watch?v=n3ZbjsS4TCc&amp;t=154s&amp;ab_channel=TED">https://www.youtube.com/watch?v=n3ZbjsS4TCc&amp;t=154s&amp;ab_channel=TED</a></p>	<ol style="list-style-type: none"> <li>1. What do we assume about patients?</li> <li>2. How can we make medicine more accessible?</li> <li>3. Should basic food, housing, transportation, etc. be considered medicine? Should they be covered by insurance?</li> </ol>	
9	The Patient Experience	<p>In the age of machines, bedside manner matters more than ever   Susan Cooley</p> <p><a href="https://www.youtube.com/watch?v=v6iSTf7uMX0&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=v6iSTf7uMX0&amp;ab_channel=TEDxTalks</a></p>	<ol style="list-style-type: none"> <li>1. Has medicine gotten less personal?</li> <li>2. What can we do to improve the patient experience?</li> <li>3. How has the EMR changed the patient experience?</li> </ol>	
10	Adverse Childhood Experiences	<p>How childhood trauma affects health across a lifetime   Nadine Burke Harris</p> <p><a href="https://www.youtube.com/watch?v=95ovIJ3dsNk&amp;ab_channel=TED">https://www.youtube.com/watch?v=95ovIJ3dsNk&amp;ab_channel=TED</a></p>	<ol style="list-style-type: none"> <li>1. Have you heard about ACE scores before and their effects on health?</li> <li>2. Do you think this research should change our approach to certain diseases? How?</li> </ol>	
11	LGBTQ and Medicine	<ol style="list-style-type: none"> <li>1. Why Are Many Doctors Scared of Transgender Patients?   Kristie Overstreet PhD   TEDxLivoniaCCLibrary <a href="https://www.youtube.com/watch?v=7tG3LWxWZxg&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=7tG3LWxWZxg&amp;ab_channel=TEDxTalks</a></li> <li>2. LGBTQ People Talk About Their Experiences Accessing Health Care <a href="https://www.youtube.com/watch?v=Q5-7t_qBw14&amp;ab_channel=NorthWesternMelbournePrimaryHealthNetwork">https://www.youtube.com/watch?v=Q5-7t_qBw14&amp;ab_channel=NorthWesternMelbournePrimaryHealthNetwork</a></li> </ol>	<ol style="list-style-type: none"> <li>1. What challenges do LGBTQ patients face when seeking medical care?</li> <li>2. What experiences have you had with transgender patients/peoples?</li> <li>3. Do you feel well-informed about the health care needs of the LGBTQ community?</li> <li>4. How do we make the medical system better serve LGBTQ patients?</li> </ol>	
12	Nurse-Doctor	Lessons from Nursing to the World	<ol style="list-style-type: none"> <li>1. What is the dynamic between doctors and</li> </ol>	

	Culture	Kathleen Bartholomew   TEDxSanJuanIsland <a href="https://www.youtube.com/watch?v=Qh4HW3yx00w&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=Qh4HW3yx00w&amp;ab_channel=TEDxTalks</a>	nurses? Between doctors? Between nurses? Between students? Etc. 2. What does an ideal work environment in medicine look like? 3. How do we create a healthy work environment in medicine? 4. Should nursing work have billing codes?	
13	Organizational Culture	Improving Healthcare: Straight from the Heart   Sanjay Saint   TEDxUofM <a href="https://www.youtube.com/watch?v=U3MtvvNjUR4&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=U3MtvvNjUR4&amp;ab_channel=TEDxTalks</a>	1. How do we foster a culture of excellence? 2. Identify areas where your organization strives for excellence and areas where it does not? How do we change that? 3. What do we do if someone is not abiding by the right behavior in medicine?	
14	Checklists: Simple Solutions to Complex Problems	How do we heal medicine?   Atul Gawande <a href="https://www.youtube.com/watch?v=L3QkaS249Bc&amp;ab_channel=TED">https://www.youtube.com/watch?v=L3QkaS249Bc&amp;ab_channel=TED</a>	1. How do we get the system in healthcare to work together? 2. What problems in medicine can be helped improved with checklists? Which cannot?	
15	Bias in Medicine	Doctor Reacts to John Oliver   Last Week Tonight: Bias in Medicine <a href="https://www.youtube.com/watch?v=RhArakH5cTU&amp;ab_channel=DoctorMike">https://www.youtube.com/watch?v=RhArakH5cTU&amp;ab_channel=DoctorMike</a>	1. Is medicine becoming more equal and less bias? 2. How do we improve bias in medicine?	
16	Social Determinants of Health	1. Poor Health: Assumptions, Facts, Opportunities   Abdul El-Sayed   TEDxUofM <a href="https://www.youtube.com/watch?v=s84Rw2WU0q8&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=s84Rw2WU0q8&amp;ab_channel=TEDxTalks</a> 2. Sir Michael Marmot: Social Determinants of Health (2014 WORLD.MINDS) <a href="https://www.youtube.com/watch?v=h-2bf205upQ&amp;t=1s&amp;ab_channel=WORLD.MINDS">https://www.youtube.com/watch?v=h-2bf205upQ&amp;t=1s&amp;ab_channel=WORLD.MINDS</a>	1. How do we “assure the conditions for people to be healthy”? 2. How have you seen social determinants of health impact the health of patients?	
17	Food Insecurity	1. The Shocking Truth About Food Insecurity   Clancy Cash Harrison   TEDxWilmingtonWomen <a href="https://www.youtube.com/watch?v=HakCA dPrIm&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=HakCA dPrIm&amp;ab_channel=TEDxTalks</a>	1. How do we change the narrative around seeking social services like food assistance? 2. In what ways does food insecurity lead to worse health outcomes? 3. How do we bridge the gap between food waste	

		2. Hunger is not a questions of scarcity.   Jasmine Crowe   TEDxPeachtree <a href="https://www.youtube.com/watch?v=k_dMH_LxcIsA&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=k_dMH_LxcIsA&amp;ab_channel=TEDxTalks</a>	and those that are food insecure?	
18	Prevention as Cure	It's Time to Focus on Health Prevention and Promotion   Derek Yach   TEDxMonteCarlo <a href="https://www.youtube.com/watch?v=eOhv5gF987s&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=eOhv5gF987s&amp;ab_channel=TEDxTalks</a>	1. How do we create a system that values preventative care? 2. How do we make “the healthy choice the easy choice”? 3. How do we incentivize preventative medicine 4. How we do promote health globally?	
19	Mental Health	Imagine There Was No Stigma To Mental Illness   Dr. Jeffrey Lieberman   TEDxCharlottesville <a href="https://www.youtube.com/watch?v=WrbTbB9tTtA&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=WrbTbB9tTtA&amp;ab_channel=TEDxTalks</a>	1. Have you seen mental health be stigmatized within medicine? 2. What would a world without mental health stigma look like? 3. How do we create a world without this stigma?	
20	Doctors in Distress	Doctors in Distress: Saving the Lives of Those Who Save Lives   Dr. Ed Ellison <a href="https://www.youtube.com/watch?v=udV0tt6SjbQ&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=udV0tt6SjbQ&amp;ab_channel=TEDxTalks</a>	1. What is burnout? 2. Have you seen burnout impact patient and/or physician wellness? 3. What systemic factors lead to poor mental health in healthcare providers? 4. What leads to the decline in mental health of medical students?	
21	Mistreatment	KeyLIME Podcast [249] Nurture or Torture? Time to Redesign Training to End Mistreatment <a href="https://keylimepodcast.libsyn.com/249-nurture-or-torture-time-to-redesign-training-to-end-mistreatment-of-trainees">https://keylimepodcast.libsyn.com/249-nurture-or-torture-time-to-redesign-training-to-end-mistreatment-of-trainees</a>	1. Any concerns with the methodology of the study? 2. How should we interpret the results of this study? 3. Are you surprised by the results? 4. What, if any, measures should we take from the results of this study? 5. What follow up studies would you like to see?	Hu, Y. Y., Ellis, R. J., Hewitt, D. B., Yang, A. D., Cheung, E. O., Moskowitz, J. T., ... & Bilimoria, K. Y. (2019). Discrimination, abuse, harassment, and burnout in surgical residency training. <i>New England Journal of Medicine</i> , 381(18), 1741-1752.
22	Covid and Its Effects on Healthcare	1. Diary of a Trauma Surgeon: 10 Weeks of Covid-90   WIRED <a href="https://www.youtube.com/watch?v=AfOa3cvvyPg&amp;ab_channel=WIRED">https://www.youtube.com/watch?v=AfOa3cvvyPg&amp;ab_channel=WIRED</a> 2. COVID-19 Causing PTSD in Doctors and Nurses   The Latest with Lee <a href="https://www.youtube.com/watch?v=yenc7d">https://www.youtube.com/watch?v=yenc7d</a>	1. How has the covid epidemic changed your experience in healthcare? 2. How has the pandemic changed the future of health care delivery? 3. What can we do to prepare for the next pandemic and to support healthcare workers through it?	

		<a href="#">-384k&amp;ab_channel=VICE</a>		
23	Burnout Interventions	KeyLIME Podcast [130] It's NEVER better to burnout than fade away <a href="https://keylimepodcast.libsyn.com/130-its-never-better-to-burnout-than-fade-away">https://keylimepodcast.libsyn.com/130-its-never-better-to-burnout-than-fade-away</a>	<ol style="list-style-type: none"> <li>1. Any concerns with the methodology of the study?</li> <li>2. How should we interpret the results of this study?</li> <li>3. Are you surprised by the results?</li> <li>4. What, if any, measures should we take from the results of this study?</li> <li>5. What follow up studies would you like to see?</li> </ol>	Panagioti, M., Panagopoulou, E., Bower, P., Lewith, G., Kontopantelis, E., Chew-Graham, C., ... & Esmail, A. (2017). Controlled interventions to reduce burnout in physicians: a systematic review and meta-analysis. <i>JAMA internal medicine</i> , 177(2), 195-205.
24	Medical Mistakes	Brian Goldman: Doctors make mistakes. Can we talk about that? <a href="https://www.youtube.com/watch?v=iUbfRzxNy20&amp;ab_channel=TED">https://www.youtube.com/watch?v=iUbfRzxNy20&amp;ab_channel=TED</a>	<ol style="list-style-type: none"> <li>1. How should we handle medical mistakes?</li> <li>2. How do we balance striving for excellence, upholding standard of care, and acknowledging that humans are fallible?</li> <li>3. How do we create an environment where doctors are allowed to talk about medical errors?</li> </ol>	
25	Death and Dying	We're Doing Dying All Wrong   Ken Hillman   TEDxSydney <a href="https://www.youtube.com/watch?v=gQVC-8WEB7s&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=gQVC-8WEB7s&amp;ab_channel=TEDxTalks</a> Design for the end of life   Elaine Fong   TEDxSanFrancisco <a href="https://www.youtube.com/watch?v=W86mLuvWU30&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=W86mLuvWU30&amp;ab_channel=TEDxTalks</a>	<ol style="list-style-type: none"> <li>1. How do we normalize end of life discussions?</li> <li>2. What do you want your last days to look like?</li> <li>3. How do we make end of life look like what people would want?</li> </ol>	
26	Coaching vs Teaching	Want to get great at something? Get a coach   Atul Gawande <a href="https://www.youtube.com/watch?v=oHDq1PcYkT4&amp;ab_channel=TED">https://www.youtube.com/watch?v=oHDq1PcYkT4&amp;ab_channel=TED</a>	<ol style="list-style-type: none"> <li>1. How do we continue to pursue excellence in healthcare?</li> <li>2. Where in healthcare can coaching improve quality of care?</li> <li>3. How do we integrate coaching into medical training and continuing medical education?</li> </ol>	
27	Questioning on the Wards	KeyLIME Podcast [128] Pimping or enabling learning with Socratic teaching <a href="https://keylimepodcast.libsyn.com/128-pimping-or-enabling-learning-with-socratic-teaching-a-fine-balance">https://keylimepodcast.libsyn.com/128-pimping-or-enabling-learning-with-socratic-teaching-a-fine-balance</a>	<ol style="list-style-type: none"> <li>1. How should we interpret the results of this study?</li> <li>2. Are you surprised by the key points?</li> <li>3. What, if any, measures should we take from this study?</li> <li>4. What can we do to create an environment of "psychological safety?"</li> </ol>	Stoddard, H. A., & O'Dell, D. V. (2016). Would Socrates have actually used the "Socratic Method" for clinical teaching?. <i>Journal of general internal medicine</i> , 31(9), 1092-1096.

			5. What follow up studies would you like to see?	
28	Publication Bias	What doctors don't know about the drugs they prescribe   Ben Goldacre <a href="https://www.youtube.com/watch?v=RKmxL8VYy0M&amp;ab_channel=TED">https://www.youtube.com/watch?v=RKmxL8VYy0M&amp;ab_channel=TED</a>	1. What factors contribute to publication bias? 2. With publication bias, how can we be certain any of our treatments are evidence based? 3. How do we combat publication bias?	
29	Fashion in Healthcare	How Fashion Affects Your Brain   ELLE <a href="https://www.youtube.com/watch?v=zqam7bOFFic&amp;ab_channel=ELLE">https://www.youtube.com/watch?v=zqam7bOFFic&amp;ab_channel=ELLE</a>	1. If wearing a white coat improves cognitive abilities, should we make all doctors wear a white coat? 2. How do white coats and inpatient gowns play into the power dynamic between caregivers and patients 3. How do you want your caregiver to dress? 4. How could we design an inpatient gown better?	
30	Humor in Healthcare	Humor in healthcare   Gary Edwards   TEDxBрно <a href="https://www.youtube.com/watch?v=HOKIks5qGC4&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=HOKIks5qGC4&amp;ab_channel=TEDxTalks</a>	1. How have you seen/used humor in healthcare? 2. What is the role for humor in medicine? 3. How do we incorporate humor into hospitals and medicine?	
31	Hospital Design	1. How Hospital Design Is Actually Making Us Sicker - Cheddar Explains <a href="https://www.youtube.com/watch?v=Ci7I92shHiw&amp;ab_channel=Cheddar">https://www.youtube.com/watch?v=Ci7I92shHiw&amp;ab_channel=Cheddar</a> 2. Why hospitals are making us sick <a href="https://www.youtube.com/watch?v=HsOiDw2iDjA&amp;ab_channel=TEDMED">https://www.youtube.com/watch?v=HsOiDw2iDjA&amp;ab_channel=TEDMED</a>	1. What would the ideal hospital look like? 2. How can we cost-effectively make current hospitals look like ideal hospitals? 3. What responsibility do hospitals have to minimize negative environmental impacts?	
32	Direct Primary Care	1. "Hi, I'm Rob, and I'm a Recovering Doctor."   Rob Lamberts   TEDxAugusta <a href="https://www.youtube.com/watch?v=eJYJPWpAX-Y&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=eJYJPWpAX-Y&amp;ab_channel=TEDxTalks</a> 2. Direct Primary Care: Remaking the Health Care System   Shane Purcell   TEDxFurmanU <a href="https://www.youtube.com/watch?v=5gjCKurF_Zw&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=5gjCKurF_Zw&amp;ab_channel=TEDxTalks</a>	1. What are the benefits of direct primary care payment? 2. Would this method work for the whole system? 3. What are other alternative payment methods?	
33	Artificial Intelligent in Medicine	1. Artificial Intelligence Can Change the future of Medical Diagnosis   Shinjini Kundu   TEDxPittsburgh <a href="https://www.youtube.com/watch?v=HrKzXLgGohA&amp;ab_channel=TEDxTalks">https://www.youtube.com/watch?v=HrKzXLgGohA&amp;ab_channel=TEDxTalks</a>	1. How will Artificial Intelligence change medicine? 2. Will AI replace doctors? Who is most likely to be replaced? 3. What happens if AI makes a medical mistake?	

		2. How doctors can help AI to revolutionize medicine <a href="https://www.youtube.com/watch?v=rCkXW079cDM&amp;t=5s&amp;ab_channel=TEDMED">https://www.youtube.com/watch?v=rCkXW079cDM&amp;t=5s&amp;ab_channel=TEDMED</a>		
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