

The background of the entire menu cover is a close-up photograph of lush green palm fronds. The fronds are long, slender, and pointed, creating a dense, layered texture. The lighting is soft, highlighting the natural green color of the leaves against a slightly darker background.




TEPLO
CONCEPT

MENU





food • bar

Ubud, Jl. Sandat No.30





sandwich

- **chicken BBQ**  60k
chicken breast, sourdough bread, BBQ souse, lettuce, onion, olives.
- **avo&feta cheese**  60k
fresh avocado, feta cheese, sourdough bread, guacamole sauce, lettuce, onion, olives.
- **tempeh&tofu**  60k
tempe/tofu, sourdough bread, guacamole sauce, lettuce, onion, olives.



poke bowl

- **chicken**  60k
chicken breast, carrot, edamame beans, onion, nut, salad. served with steam rice.
- **mahi-mahi**  80k
mahi-mahi fillet, carrot, edamame beans, onion, nut, salad. served with steam rice.
- **shrimps**  80k
king shrimps, carrot, edamame beans, onion, nut, salad. served with steam rice.
- **tempeh&tofu**  60k
tempe/tofu, carrot, edamame beans, onion, nut, salad. served with steam rice.


salad

- **shrimps**  80k
king shrimps, salad, cucumber, peach, lemon dressing.
- **greens**  60k
salad, avocado, pomello, pumpkin seeds, sunflower seeds, cherry tomato, lemon dressing.
- **oliv'e**   55/60k
carrot, potato, pickles, greenpeas, boiled egg, mayonaise, onion

main dish

- **grilled chicken**  70k
grilled chicken leg. served with paprika paper, asparagus, zucchini, microgreens.
- **grilled mahi-mahi**  80k
grilled fillet mahi-mahi. served with paprika paper, asparagus, zucchini, microgreens.

russian cuisine

 **vareniki:** regular flour/low gluten flour
blubbery (sweet) 60/80k
potato & mushroom 60/80k
potato 60/80k

 **pelmeni:** regular flour/low gluten flour
organic chicken 80/80k
chicken 60/80k
vegetables 60/80k
(carrot, cabbage, onion)

drinks

americano	30k	beer PROST	35k
latte	30k	aperol	90k
cappuccino	30k	gin tonic	80k
cacao homemade almond milk	30k	red wine	70k
tea	20k	white wine	70k
kombucha homemade	30k	champagne	80k
fruit Punch	55k	mojito	80k
		fruit punch with rum	75k