

Patient (17+) Resources for Gender Affirming Care – Central MA

Art/Literature

- [Gender Dysphoria](#)
- [Grub Street Novel Immersive for LGBTQ+ Writers](#)
- [The Queer Writer](#)
- [Queer Ivy Art](#)
- [Crafty Queer Studio](#)
- [All She Wrote Books](#)



Binders

- [gc2b Company](#)
- [TransTape](#)
 - For instructions on how to use, scroll down to “Learn”
- [FLAVNT Streetwear Bareskin Binders](#)
- [Shapeshifters](#)
- [Point of Pride – Binding Safety](#)

Prosthetic Breasts and Breast forms

- [The Breast Form Store](#)
- [Janets Closet](#)
- [urBasics](#)

Packers

- [New York Toy Collective](#)
- [Get Your Joey](#)
- [AXOLOM](#)

STP (Stand to Pee Devices)

- [transthetics](#)
- [Number One Laboratory](#)
- [GoGirl](#)

Pack and Play

- [REELMAGIK](#)
- [PeeCock Products](#)

Gaffs

- [Trans Essentials](#)
- [urBasics](#)



Tucking

- [TransHub](#)
- [Unclockable – How to Tuck Guide](#)
- [Folx – How to Tuck Guide](#)

Footwear

- [PeeCock Products – height increase insoles](#)
- [Tall Men Shoes](#)
- [Stravers](#)
- [Only Maker](#)
- [Our Transitional Life – transgender women shoe guide](#)

Swimwear

- [FIT4U Solutions](#)

Makeup

- [Transgender Map Makeup Tips](#)

Vocal Training

- [Transgender Map – voice therapy in MA](#)

FFS

- [The Spiegel Center](#)

Provider Search

- [Psychology Today – Transgender Therapists in MA](#)
- [WPATH Provider Directory Search](#)
- [Inclusive Therapists](#)
- [Concentric Physical Therapy](#)

Massage Therapy

- [Queer Body Collective](#)
- [Lusignan Muscular Therapy](#)

Community Groups and Resources

- [Mass BATS](#)
 - [Compass](#)
 - [Trans Community of New England](#)
 - [Safe Homes MA](#)
 - [Supporters of Worcester Area GLBTQ+ Youth \(SWAGLY\)](#)
 - [Renaissance New England](#)
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- [Pride Worcester](#)
 - [Transhealth Peer Support Groups](#)
 - [Kiva Centers](#)
 - LGBTQ+ Support Group of North Central Massachusetts (Gardner) – Email at LGBTQncm@gmail.com

Support People Education

- [Massachusetts Commission on LGBTQ Youth](#)
- [Greater Boston PFLAG](#)
- [GLSEN Educator Resources](#)
- [SFSU Family Acceptance Project](#)

Summer Camps/After School Programs

- [Fairwinds Family Camp](#)
- [Camp Quinebarge](#)
- [Camp Lightbulb](#)
- [Harbor Camps](#)
- [Camp Outright](#)
- [GRCB Beats](#)

Veterans

- [Mass VA LGBTQ+ Veteran Care](#)
- [Transgender American Veterans Association – Support Locator](#)
- [LGBTQ+ Veterans VA Quality of Service Reporting System](#)
- [TAVA Health Information Needs and Knowledge \(THINK\) Survey](#)
- [Veterans Crisis Line](#) – Call 988 then Press 1 or Text 838255

Older Adults

- [Springwell for LGBTQIA+ seniors](#)
- [Fenway Health LGBTQIA+ Aging Project Support Groups](#)
- [OutStanding Life](#)

Legal Assistance

- [LGBTQ Legal Advocates & Defenders \(GLAD\)](#)
 - [GLAD Answers for free and confidential legal information, assistance, and referrals](#)
- [Northeast Legal Aid](#)

ID Change Assistance

- [GLAD Transgender ID Project](#)
 - [Massachusetts Transgender Political Coalition](#)
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Research Studies

- [Beth Israel Medical Center recruiting patients for HIV vaccine and Antibody study](#)
- Boston University recruiting gender diverse adults (age 18-50) for voice research study – contact stepplab@gmail.com, 617-358-1395
- [Harvard Mpox study recruiting those who have tested positive or received a Mpox vaccine](#)

24/7 Crisis Resources

- [The Trevor Project Crisis Counselor](#) – Call 1-866-488-7386, Text ‘START’ to 678-678, or Online Chat
 - [SAGE LGBT Elder Hotline for Elders and Caretakers](#) – 1-877-360-LGBT (5428)
 - [Pathways for Change](#) – Call 800-870-5905, ASL Video Hotline for deaf and HOH 508-502-7681
 - [Trans Lifeline](#) – staffed by transgender people for transgender people, 1-877-565-8860
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