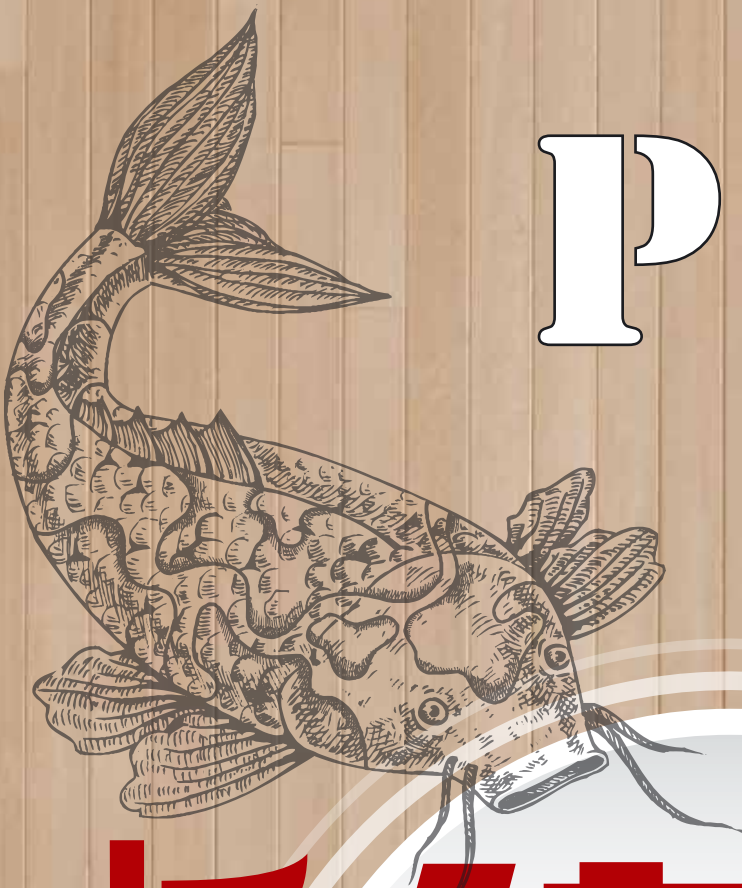


POKE



POKE

Sushi & Japanese Cuisine





K/KE/

Sushi & Japanese Cuisine

POKE

True Love

18\$
TTC



Mix Greens	50G
Tuna	65G
Salmon	65G
Shrimp	35G
Avocado	40G
Edamame	40G
Total: 379cal, Proteins: 31G	

In
Collaboration
with
Ton corps à toi clinic
by
Dietitian
Clémence Nassif



K/KE/

Sushi & Japanese Cuisine

POKE

Delish

16\$
TTC



Mix Greens	50G
Quinoa	50G
Tuna	65G
Mango	60G
Tofu	80G

Total: 271cal, Proteins: 19G

In
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with
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by
Dietitian
Clémence Nassif



K/KE/

Sushi & Japanese Cuisine

POKE

**Ocean
Taste**

18\$
TTC



Mix Greens 50G
Salmon 200G
Balsamic 35ML

Total: 402cal, Proteins: 47G

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Clémence Nassif



K/KE/

Sushi & Japanese Cuisine

POKE

Diet Mix

13\$
TTC



Quinoa or Rice	200G
Beetroot	10G
Crab sticks	3
Avocado	40G
Mango	40G
Cucumber, Green Peper	30G
Total: 463cal, Proteins: 21G	

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